

AUGUST 2016

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	Breakfast Zuchinni Muffins Fresh Fruit, Milk Lunch Shepards Pie, Veggie Pie Mashed Potato Fresh Fruit	Breakfast Cereal, Fresh Fruit Milk Lunch Teriyaki Chicken Drum, Teriyaki Tofu Brown Jasmine Rice, Roasted Corn Fresh Fruit	Breakfast Scrambled Eggs, Fresh Fruit Toast, Milk Lunch Hot Dogs, Veggie Burger Carrot Sticks Fresh Fruit
Breakfast Hard Boiled Egg, Toast Fresh Fruit, Milk Lunch Mac and Cheese Broccoli Fresh Fruit	Breakfast Yogurt Parfait, Fresh Fruit Granola, Milk Lunch Bean and Cheese Burrito Salad Fresh Fruit	Breakfast Oatmeal, Fresh Fruit Milk Lunch Chicken Tikka, Tofu Tikka Brown Jasmine Rice, Cauliflowe Salad, Fresh Fruit		

SEPTEMBER 2016

Monday	Tuesday	Wednesday	Thursday	Friday
			Breakfast Pancakes, Fresh Fruit Milk Lunch Sloppy Joes, Veggie Joes Fresh Fruit	Breakfast Scrambled Eggs, Toast Fresh Fruit, Milk Lunch Pasta Marinara, Salad Fresh Fruit
Labor Day 5	Breakfast Yogurt Parfait, Granola Fresh Fruit, Milk Lunch Kale Garbanzo Soup Garlic Bread Fresh Fruit 6	Breakfast Hard Boiled Egg, Toast Fresh Fruit, Milk Lunch Taco Beef Platter, Veggie Taco Platter Brown Jasmine Rice, Salad Fresh Fruit 7	Breakfast Oatmeal, Fresh Fruit Milk Lunch BBQ Chicken, BBQ Tofu Farro Pilaf Corn, Fresh Fruit 8	Breakfast Cereal, Fresh Fruit Milk Lunch Scrambled Eggs, Potato, Toast Fresh Fruit, Milk 9
Breakfast Hard Boiled Egg, Toast Fresh Fruit, Milk Lunch Veg Chili with Cheese Corn Bread, Assorted Vegetables Fresh Fruit 12	Breakfast Yogurt Parfait, Granola Fresh Fruit, Milk Lunch Nachos, Corn Chips Salad Fresh Fruit 13	Breakfast Pancakes, Fresh Fruit Milk Lunch Korean Beef Bowl, Korean Veggie Bowl Brown Jasmine Rice, Roasted Zucchini Fresh Fruit 14	Breakfast Cereal, Fresh Fruit Milk Lunch Shepard's Pie, Veggie Pie Mashed Potato Fresh Fruit 15	Breakfast Veg Frittata, Toast Fresh Fruit, Milk Lunch Vegetable Pasta Casserole Assorted Vegetables Fresh Fruit 16
Breakfast Hard Boiled Egg, Toast Fresh Fruit, Milk Lunch Black Eyed Peas and Collards Polenta Fresh Fruit 19	Breakfast Yogurt Parfait, Granola Fresh Fruit, Milk Lunch Beef Burrito, Veggie Burrito Roasted Squash Fresh Fruit 20	Breakfast Oatmeal, Fresh Fruit Milk Lunch Sloppy Joes, Veggie Joes Carrot Sticks Fresh Fruit 21	Breakfast Cereal, Fresh Fruit Milk Lunch Scrambled Eggs, Potato, Toast Fresh Fruit, Milk 22	Breakfast Fresh Fruit Smoothie Zucchini Bread, Milk Lunch Chicken Teriyaki, Teriyaki Tofu Brown Jasmine Rice, Roasted Zucchini Fresh Fruit 23
Breakfast Hard Boiled Egg, Toast Fresh Fruit, Milk Lunch Lentil Soup Garlic Bread, Assorted Vegetables Fresh Fruit 26	Breakfast Yogurt Parfait, Granola Fresh Fruit, Milk Lunch Chicken Enchiladas Casserole Veggie Enchiladas, Brown Jasmine Rice Salad, Fresh Fruit 27	Breakfast Frittata Veg, Toast Fresh Fruit, Milk Lunch Quinoa Mac & Cheese Salad Fresh Fruit 28	Breakfast Cereal, Fresh Fruit Milk Lunch Chicken Teriyaki, Teriyaki Tofu Brown Jasmine Rice, Baby Bok Choy Fresh Fruit 29	Breakfast Scrambled Eggs, Toast Fresh Fruit, Milk Lunch Buffalo Chicken Drumsticks, Buffalo Tofu Cilantro Pesto Pasta, Roasted Corn Fresh Fruit 30

